



SPRING 2025

Description

MMHS editorial team member Dan is proud of his grandfather â?? who found fresh freedom through music. Read about the healing power of a healthy pastime in the spring 2025 edition of [Roof â??nâ?? Roots](#)!

And thatâ??s not all in this edition, which is bursting forth with ideas for you and your home:

- how MMHS residents are discovering untapped sources of Government help;
- how you can protect your home from condensation;
- how to make your moments more mindful;
- download your copy by clicking [here](#).

Category

1. Roof 'n' Roots

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