



WINTER 2024

Description

TV gardener David Domoney gave his support to a four-week wellbeing journey â?? right where you live! See the winter 2024 [Roof â??nâ?? Roots](#) to find out all about itâ?!

Thereâ??s much more than that in this heart-warming issue:

- how an MMHS resident shared the message of Methodism on the BBC;
- how you can write a book â?? some top tips from Warren Bardsley;
- how you can be like a hedgehog â?? and hibernate;
- [click here to download your copy](#).

Category

1. Roof 'n' Roots

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