



How to declutter your home

Description



As the days grow shorter and the crisp air of autumn sets in, it's the perfect time to tidy and prepare for winter. Amy Goodwin from Decide to Declutter shares some tips in the [autumn 2024 Roof & nâ?? Roots](#). You can read the full article in that [edition](#) &?? here's a taster of Amy's article!

Thinking of a clear-out? It might sound overwhelming, but many people find the process more enjoyable than they anticipated. They're often amazed by the transformation a bit of focused effort can achieve.

Understand your space

First, understand the space you have to work with. Everyone's storage situation is different. Some people may have two large wardrobes. Others might only have a few drawers. It's important to work within your limitations and avoid overcrowding your storage areas.

Schedule time to declutter

Set aside dedicated time for decluttering, even just a couple of hours. It's often more effective to approach the task gradually than to tackle everything in a day or two. Consistency is key.

Empty the area

Begin by choosing a manageable area to declutter, such as a cupboard, drawer, or shelf. Empty the space entirely so you can see everything you're working with. This will make it easier to sort through your belongings in a methodical way.

Categorise your items

Group items into categories. You may have lots of books. You may also come across magazines and journals. Straightaway you've got categories, which help make the decluttering process less chaotic.

You may also encounter items that have become so familiar, you barely notice them anymore, like worn summer bedding or pillows losing their shape. Consider whether you'll need extra space for guests over the winter - now is the time to make that room.

Download the full article in [Roof -nâ- Roots](#) here.

Category

1. News & reviews

Date Created

29/10/2024

Author

cliveprice