



Christmas message from Mairi



Do you feel stuck? I am writing in November, the month when everything can feel regressive.

But I don't think true doom and gloom cares much for the calendar. We can get stuck in a doom and gloom loop at any time.

A recent article heading caught my attention – 'Why 2025 is predicted to be the worst year ever'. It felt melodramatic but it still resonated with me. Without doubt we're living in a difficult generation.

We're surrounded by societal and environmental challenges, economic uncertainties, geopolitical tensions and technology-related concerns.

To this reality, we can add our personal struggles. It would be good to undo the feeling of being stuck in doom and gloom – to break free. But how do we do it?

Secular solutions abound – we know them well – get more sleep, eat better, have a digital detox, connect with others. These activities all help – of course they do – but are they enough to regain our momentum?

The calendar has a blessing up its sleeve right now, for any doom and gloom feelings we may be experiencing – Advent. I plan to create sacred spaces in my busyness during the coming weeks, to really think about Advent hope, peace, joy and love.

I've already been thinking about Advent joy. Philippians 4:4 says, 'Rejoice in the Lord always. I will say it again – rejoice!'

This is a call to faith, isn't it? If we believe our lives are in the hands of a sovereign, wise and loving God who's always working to accomplish good, we can indeed rejoice always.

'Always' suggests no matter what is going on and regardless of circumstances, joy can be ours.

Thinking beyond the expectations of Advent to our Christmas celebrations, I would like to wish you and those you love, all the joys of Christmas, too.

Mairi Johnstone, CEO
December 2025

Could it be you?

MMHS will be recruiting early in 2026 for new trustee directors.

If you are a passionate individual with a visionary outlook and a heart for mission, this important role might just be for you.

We're putting together a Recruitment Pack available from 5 January 2026.

It will contain much useful information including details of the skills, knowledge and experience we need, and the type of person who'll be a good fit for our board – and enjoy being on it. It will also include an application form.

To register your interest, email our CEO Mairi Johnstone –
mjohnstone@mmhs.org.uk
We look forward to hearing from you!



Thank you



Our Condition, Energy and Occupation Survey is complete. Thank you for giving the surveyors access to your homes.

The survey was a huge undertaking, given the geographical spread of MMHS properties.

Houses are located in England, Wales, Scotland, Northern Ireland, The Isle of Man and Guernsey. So what's next?

- ✓ Condition and Energy results will be used over the next five to ten years, to make best use of our resources when it comes to the maintenance and repair of our properties;
- ✓ Occupation survey results will help shape wellbeing plans that will enable you to keep living well in your home, for as long as possible. We know this is what you want.

CHRISTMAS HOURS

MMHS will take a festive break. Our office closes from 5pm on 24 December to 9am on 2 January.
For property emergencies, call 020 3848 6020 option 1.

