

## **AUTUMN 2022**

## **Description**

A cool, gentle breeze greets us with the mystical flavour of the season on a fine autumnal morning. There's nothing quite like it, is there?

We try to carry that similar sense of comfort and hope as we publish the <u>autumn edition of Roof 'n'</u> Roots – your very own MMHS news publication.



The Newsletter of the Methodist Ministers' Housing Society · Autumn 2022



WE ARE ASKING RESIDENTS TO SHARE THEIR ANNIVERSARY STORIES AS PART OF MMHS'S 75TH CELEBRATIONS. IRIS CHAPPLE IS AMONG THE FIRST TO TAKE THE LEAD AND GIVE US PAWS FOR THOUGHT... Iris has also done some daring fundraising activities for the charity such as parachuting and abseiling – as well as gliding down the world's fastest zipwire at speeds of around 100mph.

It sounds far-fetched. But the most daring feat has been her commitment to her canine companions. As a Puppy black Labrador who is 'full of bounce' – as indicated by his name from the Winnie the Pooh stories. She also looks after a retired Guide Dog called Kim.

Iris is delighted with her MMHS home. It's a very cosy house in a terrace, and I'm so lucky I have lovely neighbours,' she said.

Here are just some of the contents awaiting your attention:

- after asking residents to share their own anniversary stories, MMHS householder Iris Chapple told us about her 40 years of training puppies for the Guide Dogs charity;
- when we heard some people might be giving up on their moblie phones, we asked our tech
  friends AbilityNet to share some tips on how to make the most of these essential devices;
- latest news on the MMHS Residents Review;
- practical tips on getting you and your home ready for the winter;
- why you should try scrapbooking as part of your self-care.

All these stories are ready for you to enjoy in the <u>autumn edition of Roof 'n' Roots!</u> Download it <u>here</u>.

## Category

1. Roof 'n' Roots

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