



Autumn focus on Alzheimer's

Description



Former Southampton GP Jennifer Bute was shocked when

patients started kissing her. Later she realised the patient who'd hugged her was a friend.

'Soon after, I wouldn't recognise people I had known for 20 years,' she said, 'then I started getting lost along familiar routes. That was kind of how it all started.'

JOURNEY OF HOPE

Dr Bute (pictured) is now one of 50 million people in the world with dementia. With a vibrant Christian faith, she has written a book [Dementia From The Inside: A Doctor's Personal Journey Of Hope](#) – and gives talks about her experiences.

She regards dementia as 'a God-given unexpected gift' and even 'a glorious opportunity' – which is the name of her [website](#) – to understand this global, hurting community.

Dr Bute's story is shared in the [World Alzheimer Report 2018](#), published recently by [Alzheimer's Disease International](#) (ADI) on World Alzheimer's Day, 21st September.

ADI hope their report will increase awareness and spark a debate which will lead to more governments and businesses dedicating funds and focus to help people with dementia – and their families – live better lives.

September was World Alzheimer’s Month, an international campaign that raises awareness and challenges the stigma surrounding dementia. There are more than 850,000 people in the UK living with dementia – yet many people have little or no understanding of the illness.

HELP AVAILABLE

[Independent Age](#) have published a useful factsheet called [Living With Dementia](#) that looks at the different types of dementia and the help that’s available.

Being diagnosed with dementia can come as a shock and can be very distressing for people as well as their families. Independent Age hope their factsheet will help people understand what dementia is and where to get support.

Category

1. Friends & Family

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